

Meet influenza

(a.k.a. Flu)

I am a **highly-transmissible virus**, causing **acute respiratory infections**. Of the three influenza viruses (A, B and C), only **influenza A and B** cause **seasonal epidemics**, with **influenza A** also responsible for **flu pandemics**.

How do I spread and survive?

I spread easily through **droplets** and **aerosols** released when infected people **talk, cough or sneeze**, as well as through **direct and indirect contact** with **contaminated surfaces** and **shared medical equipment**, especially during aerosol-generating procedures.

How can you stop me?

Prevention is key. Early risk assessment, good ventilation, patient isolation and using **disposable tissues** all help reduce transmission. **Vaccination, hand hygiene** and **cleaning shared equipment** after each use promote best practice. Effective **disinfectants** and robust **cleaning protocols** are essential to stop transmission and outbreaks.



Using **Clinell Antimicrobial Hand Wipes** to ensure good patient hand hygiene is important. For **everyday decontamination** of high-touch surfaces and shared medical equipment, use **Clinell Universal Wipes**, effective in 30 seconds.

Use biocides safely. Always read the label and product information before use.