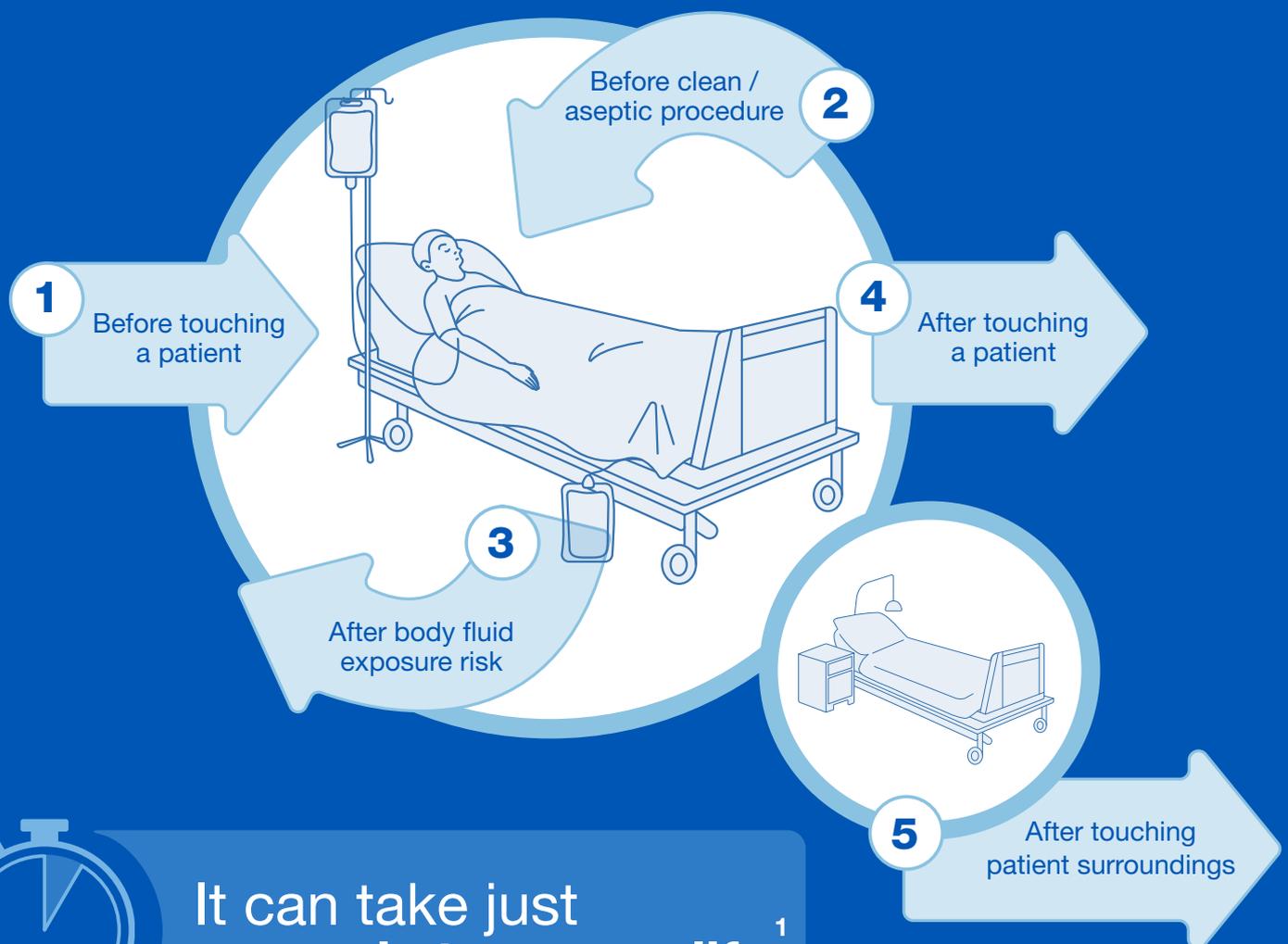


Your 5 moments for hand hygiene

By cleaning your hands it takes just seconds to help stop the spread of infection and save lives.

Remember the 5 moments of hand hygiene to break the chain of infection.



It can take just seconds to save a life¹

Based on the 'My 5 Moments for Hand Hygiene' approach
URL: <http://www.who.int/gpsc/5may/background/5moments/en/index.html> © World Health Organization 2009. All rights reserved.

1. WHO World Hand Hygiene Day 2021 Campaign [<https://www.who.int/campaigns/world-hand-hygiene-day/2021>]

JBN210382

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