

Meet respiratory syncytial virus (a.k.a. RSV)

I am a **highly-contagious virus** that causes **respiratory infections**, particularly in **babies, older adults** and people with **weakened immune systems**. I can lead to illnesses ranging from coughs and colds, to serious infections such as **bronchiolitis and pneumonia**.

How do I spread and survive?

I am highly-contagious, spreading through **droplets** and **aerosols** when infected people **cough, sneeze or breathe**. I can also spread through **direct contact** with infected secretions and **indirect contact** via **contaminated surfaces**, such as bed rails, tables and shared medical equipment. I can survive for several hours, making surface contamination a risk in healthcare settings. People can **remain contagious for weeks**, even after their symptoms have stopped.

How can you stop me?

Prevention is key. Early **risk assessment, isolation**, good **ventilation** and using **disposable tissues** help reduce RSV spread. **Vaccination, hand hygiene** and cleaning **shared equipment** between patients help to break the chain of infection.

Following robust **cleaning protocols** and using disinfectants proven effective against RSV is essential to stop transmission and outbreaks.



Using **Clinell Antimicrobial Hand Wipes** to ensure good patient hand hygiene is important. For **everyday decontamination** of high-touch surfaces and shared medical equipment, use **Clinell Universal Wipes**, effective in 30 seconds.

Use biocides safely. Always read the label and product information before use.