

STAY A STEP AHEAD

of winter infections



Palm



Back

Colour key



Areas frequently missed



Areas sometimes missed

Are your hands cleaner than the average person?

Poor hand hygiene can cause:

- 1 Airborne illnesses: Cold, influenza, Chicken Pox, Meningitis
- 2 Norovirus: Viral Gastroenteritis
- 3 *E. coli* (*Escherichia coli*)
- 4 Salmonella illness
- 5 Hepatitis A



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GAMA Healthcare Pty Ltd.,
Suite 1, 33-37 Duerdin St, Notting Hill VIC 3168, Australia.
+61 (0)3 9769 6600 | info@gamahealthcare.com.au
www.gamahealthcare.com.au

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