

clinell™ Hand Hygiene

**STAY A
STEP
AHEAD**
of winter infections

Your hand hygiene is important to us.

The average person has **150 different types of bacteria** living on their hands¹. Just one wipe **BEFORE** eating at every mealtime can clean your hands and prevent the spread of germs.

Call us now if you wish to do a free evaluation in your facility.



The most effective way to clean your hands

Holding one wipe between your hands, please follow the steps below for at least 30 seconds.



Rub hands palm to palm.



Rub back of each hand with the palm of the other hand with fingers interlaced.



Rub palm to palm with fingers interlaced.



Rub with backs of fingers to opposing palms with fingers interlocked.



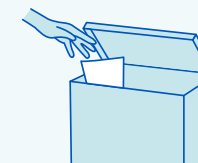
Rub each thumb clasped in opposite hand using rotational movement.



Rub tips of fingers in opposite palm in a circular motion.



Rub each wrist with opposite hand.



Discard the wipe in the appropriate waste bin.

If you have trouble opening the wipes, please ask a member of staff.

1. Fierer N, Hamady M, Lauber CL, Knight R. The influence of sex, handedness, and washing on the diversity of hand surface bacteria. *Proc Natl Acad Sci USA*. 2008;105(46):17994-17999. doi:10.1073/pnas.0807920105